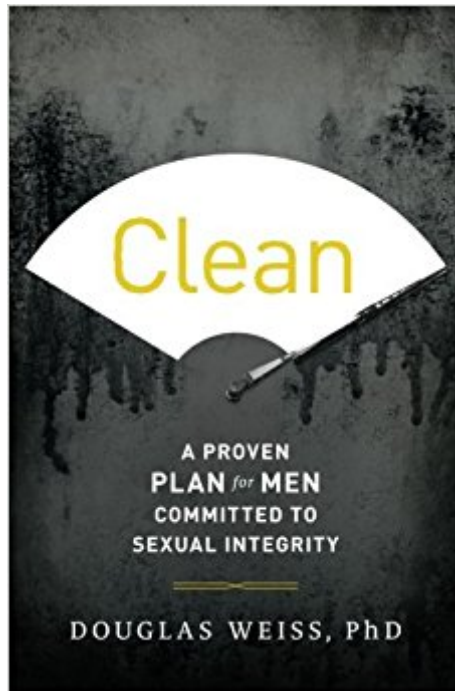




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# Clean: A Proven Plan For Men Committed To Sexual Integrity



## Synopsis

You have been called to a life of sexual success! Every Christian man is born into a sexual war. The enemy attacks the young, hoping to scar them permanently and leave them ruined. But your past is not enough to keep you from the enduringly clean life you want and deserve. Clean is a priceless, no-nonsense resource for every husband, father, brother, son, friend, pastor, and Christian leader on the front lines of this war. It is a soldier's handbook for those ready to reclaim their homes, churches, and nations for the God who has built them to succeed. Dr. Doug Weiss has been clean for more than twenty-five years, and he has devoted his life to helping other men achieve victory. "This book," says Dr. Weiss, "contains tested and tried weapons for you to get and stay clean, not for a week, month or year, but for the rest of your life." Clean provides you with biblical, practical, dependable weapons for seizing and maintaining a clean life for yourself and those you love. You will even be equipped to reach out to your brothers-in-arms and teach them to walk with you in cleanness. "If the Devil wants war, bring it on!" says Dr. Weiss. Join the battle! Your sexual life is worth fighting for!

## Book Information

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## Customer Reviews

Dr. Douglas Weiss is a nationally known author, speaker, and licensed psychologist. He is the Executive Director of Heart-to-Heart Counseling Center in Colorado Springs. Dr. Weiss is a frequent guest in the national television, radio, and print media and a prolific writer on marriage, addiction, and self-help topics. He is the author of more than twenty books on marriage, men's issues, addiction recovery, and self-help.

Where do i begin?I discovered this writer while watching the Conquer Series. His book really brings to home a lot of practical help for those who want to kill sexual addiction in the church and their lives.I read quotes from it to my wife and she totally agrees. I think part of the book must have had his wife's input.The most amazing thing about this book is that he doesn't just aim to get men to stop masturbating and looking at porn but to also to stop lusting, as he said in the Conquer Series, "When you think of sex you think 'Where's my wife?'" That is his aim and i think he does a great job on helping men, who are looking for help, to get.Also, this book is great for singles as well. He tries to not just help the married guys but the single ones which is refreshing.A warning about this book: it will not get you free from sexual addiction. I think he would agree that you need to get in a Freedom, or another kind of group, to get free. Reading and applying the principales will help but can only take you so far. There is so much more work people need to do to be clean.

We've read through this book with a men's group at my church. Having community to keep each other accountable has led to some incredible breakthroughs in life just in general. I think so many try to hide their struggles inside - privately - rather than becoming accountable and finding support. This makes for a deep - real - authentic conversation among men.

It spoke to me in ways that other books on sexual purity have not. Weiss also improved his style in this book compared to his previous books. He deals with sexual addiction from all extremes. A person who may just need some help getting through small issues can benefit the same as a person who has a serious issue.The book would also aid people leading Christian men's ministries of all denominations. It is definitely written from the heart of a man who desires Christ's church to be absolutely pure. Because of this, he speaks very bluntly and associates all habitual sexual behaviors as sin. He also classifies these behaviors as addictions. This may seem extreme to some readers, but in reality, he is calling a spade "a spade".If you are not a committed follower of Christ, you would need to read this book with the intent of being drawn to commit. If you are, it will likely implore you to see if your faith is lacking in this area and encourage you to make it absolutely clean, or to lead your brothers in becoming clean as well.

I give a high recommendation for this book to anyone struggling in the area of sexual purity, or anyone that is counseling such. Dr. Weiss, through his own personal experience and through dealing with many, many others in this struggle, gives a clear, helpful, conclusive plan to getting and

remaining Clean. This plan includes steps, declarations, and goals put in place by the individual, coupled with a reliance on Christ and God's plan for a man of integrity. Well worth the investment - this book can change your life!

The book is very informative, quick and easy to read. I first heard this doctor speak in a video series my church was showing in our men's bible study, it is called "The Conquer Series" by Kingdom Works Studio. I highly recommend the series if you are struggling with these issues. I am changed man already from these resources!

Every person should read this book. Very enlightening, just can't put the book down. So much to digest. I read it with my husband. I hope more people do! We could day so much but I short...get the book. You need it, society needs it

Great book. Every father and husband should read. Even if you don't think you should.

By far, the most effective tool I have read in the battle of sexual impurity. God brought me this resource without doubt and since, I have experienced healing and freedom and continue to pray that others will utilize this liberating resource as God has used Dr. Weiss to give direction to many men who need rescue from this enemy. A MUST read if ever there was a must read, aside from God's Word, for not only anyone in this bondage but I believe for all christian men that need to step up against the rise of this monstrous enemy in our church, in our families, in our own lives, and in our culture! For the sake of Christ and those he loves and we should love too! Read, be changed, step up. I strongly continue to promote this book. There is hope!

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